

## ABSTRACT OF THE DISCLOSURE

A cam mechanism includes a cam ring including a cam rib which is formed on a peripheral surface of the cam ring; and a follower ring which is concentric with the cam ring, the follower ring including a pair of cam followers which hold the cam rib between the pair of cam followers. Upon the cam ring and the follower ring being engaged with each other in an assembly process thereof, an inner cam follower of the pair of cam followers first approaches an end of the cam rib in a lengthwise direction thereof, and an outer cam follower of the pair of cam followers subsequently approaches the same end of the cam rib. A portion of the outer cam follower is extended outwards from a position of a peripheral surface of the inner cam follower in a circumferential direction of the follower ring.